

FROM SEPTEMBER 2007

## LOFTUS LEISURE CENTRE POOL PROGRAMME

		MORNINGS					LUNCH TIME			AFTERNOONS					EVENINGS											
		09:00	09:30	10:00	10:30	11:00	11:30	12:00	12:30	13:00	13:30	14:00	14:30	15:00	15:30	16:00	16:30	17:00	17:30	18:00	18:30	19:00	19:30	20:00	20:30	21:00
<b>MONDAY</b>	M	PUBLIC			Aquanatal	PUBLIC SWIMMING			SCHOOLS & PUBLIC		PUBLIC SWIMMING							AQUA FIT	*							
	S				DISABLED SWIM ONLY	PUBLIC SWIMMING			SCHOOLS ONLY		PUBLIC SWIMMING		SWIMMING LESSONS		PUBLIC SWIMMING		CLUB LANE			LADIES ONLY						
<b>TUESDAY</b>	M	PUBLIC SWIMMING					SCHOOLS & PUBLIC			SCHOOLS		LESSONS		LOFTUS DOLPHINS		PUBLIC SWIMMING										
	S			PARENT & BABY	PUBLIC SWIMMING		CLOSED		SCHOOLS ONLY		PUBLIC SWIM	SWIMMING LESSONS		PUBLIC SWIMMING												
<b>WEDNESDAY</b>	M	PUBLIC	AQUA FIT		PUBLIC SWIMMING			SCHOOLS & PUBLIC		PUBLIC SWIM	PUBLIC LESSONS		LOFTUS DOLPHINS	LANE SWIMS												
	S		DISABLED SESSION ONLY	SURE START		PUBLIC SWIMMING		SCHOOLS ONLY		PUBLIC SWIM	SWIMMING LESSONS		PUBLIC SWIMMING													
<b>THURSDAY</b>	M	PUBLIC SWIMMING			SCHOOLS		PUBLIC SWIMMING		SCHOOLS & PUBLIC		PUBLIC SWIMMING					ADULTS ONLY										
	S			PARENT & BABY	SCHOOL ONLY	PUBLIC SWIM	CLOSED		SCHOOLS ONLY		PUBLIC SWIMMING					ADULTS ONLY										
<b>FRIDAY</b>	M	PUBLIC	SCHOOLS			PUBLIC SWIMMING			SCHOOLS & PUBLIC		PUBLIC SWIMMING					CLUB LANE										
	S			SCHOOLS ONLY		PUBLIC SWIM	CLOSED		SCHOOLS ONLY	PARENT & BABY	PUBLIC SWIMMING															
<b>SATURDAY</b>	M	PUBLIC SWIMMING								<b>AVAILABLE FOR PRIVATE HIRE</b>																
	S	CLUB LANE		SWIM LESSONS			SWIMMING LESSONS														PUBLIC SWIMMING					
<b>SUNDAY</b>	M	PUBLIC SWIMMING								<b>AVAILABLE FOR PRIVATE HIRE</b>																
	S	PUBLIC SWIMMING																								

\* LADIES ONLY TICKETS MUST BE PURCHASED BEFORE 8.00 PM tel: 01287 642020

**M - Main pool**  
**S - Small pool**

**INTERESTED IN SWIMMING LESSONS? CONTACT RECEPTION, COURSES AVAILABLE FOR ADULTS AND CHILDREN**

Customers please note we do not loan out Armbands, they are only supplied for swimming lessons. Armbands can be purchased at Reception

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