

# Eston Sports Academy

Mornings			Lunch		Afternoon			Evening			
Mon	Main	Lane Swimming (07.15 - 09.00)	Schools & Public (09.00 - 12.00)		Lane Swimming (12.00 - 13.00)	Schools & Public (13.00 - 14.30)	Public Swim (14.30 - 17.00)		Kidzone (17.00 - 18.30)	Fitness Swim & Clubs (18.30 - 20.30)	
	Small				Family Swim (12.00 - 13.00)		Public Swim (14.30 - 16.00)	Swim Academy (16.00 - 18.30)		Family Swim (18.30 - 20.30)	
Tues	Main	Lane Swimming (07.15 - 09.00)	Schools & Public (09.00 - 12.00)		Lane Swimming (12.00 - 13.00)	Schools & Public (13.00 - 14.30)	Public Swim (14.30 - 17.30)		Swimming Club (17.30 - 19.30)	Canoes (19.30 - 21.00)	
	Small				Family Swim (12.00 - 13.00)		Public Swim (14.30 - 16.30)	Family Swim (16.30 - 20.30)			
Wed	Main	Lane Swimming (07.15 - 09.00)	Schools & Public (09.00 - 12.00)		Lane Swimming (12.00 - 13.00)	Schools & Public (13.00 - 14.30)	Public & Club (14.30 - 16.00)	Public & Swim Academy (16.00 - 19.30)		Lane Swimming (19.30 - 20.30)	
	Small				Family Swim (12.00 - 13.00)		Public Swim (14.30 - 16.00)	Swim Academy (16.00 - 17.00)	Family Swim (17.00 - 18.30)	Public Swim (18.30 - 20.30)	
Thurs	Main	Lane Swimming (07.15 - 09.00)	Schools & Public (09.00 - 12.00)		Lane Swimming (12.00 - 13.00)	Schools & Public (13.00 - 14.30)		Public & Swim Academy (15.30 - 17.30)		Swimming Club (17.30 - 19.30)	Ladies Only (19.30 - 21.00)
	Small				Family Swim (12.00 - 13.00)			Public Swim (15.30 - 16.30)	Swim Academy (16.30 - 19.30)		
Fri	Main	Lane Swimming (07.15 - 09.00)	Schools & Public (09.00 - 12.00)		Lane Swimming (12.00 - 13.00)	Schools & Public (13.00 - 14.30)	Public Swim (14.30 - 16.30)	Kidzone (16.30 - 17.30)	Family Swim (17.30 - 18.30)	Fitness Swim & Clubs (18.30 - 20.30)	
	Small				Family Swim (12.00 - 13.00)		Public Swim (14.30 - 17.00)		Family Swim (17.00 - 20.30)		
Sat	Main		Lane Swim (09.00 - 10.00)	Public Swim (10.00 - 12.30)	Fitness Swim (12.30 - 13.30)						
	Small		Public Swim (09.00 - 12.30)		Family Swim (12.30 - 13.30)						
Sun	Main		Public Swim (09.00 - 12.00)		Inflatable Fun (12.00 - 13.00)		Public Swim (13.30 - 15.00)	Party Hire (15.00 - 16.30)	Ladies Only (16.30 - 17.30)		
	Small										